

Opening Hours

6:30 AM to 4:30 PM daily except Chinese New Year's Eve

Audiovisual service

First-time Yushan (Mt. Jade) climbers are required to watch environmental education videos. Other visitors are welcome to watch the videos on demand.

Exhibition room

Free information about mountaineering safety is available during opening hours.

Weather information

The weather is capricious in the mountains. Please bring raincoats, warm clothes, and sun screen with you. Real-time weather information is available at the website of Central Weather Bureau, Ministry of Transportation And Communication, Taiwan.

Watch Out for Falling Rocks

Be alert and watch for falling rocks while hiking through the scree slope. Please shout "falling rocks" loudly to warn other mountaineers as soon as you accidentally kicked rocks off the slope.

Avoid Being Struck by Lightning

Thunder and lightning occur frequently in the plateau area near Yushan's ridge in spring and summer. Do not get onto scree slopes or climb up to the mountain top when you hear the sound of thunder to avoid being hit by lightning.



Map of Yushan (Mt. Jade) Trails



Tips for Mountaineering

- **Rest step:** As you step forward, lock your rear knee and keep all your weight on that rear leg to relieve the leg muscle of exertion.
- **Rhythmic breathing:** You might feel short of breath as the steepness of the slope increases. Please try the rhythmic breathing, inhale at one step and exhale at another. If this does not work well, try to breathe in and breathe out at one step, or even breathe in and out twice at one step. Rhythmic breathing along with rhythmic steps will make you feel more comfortable.
- **Full sole-to-ground:** The full sole must be placed on the ground with every step. This allows the leg muscles to support the body and reduces the stresses on the ankles.
- **Small step:** Take smaller steps to shorten the time for muscle exertion at each step and to rest leg muscles more frequently.
- **Trekking pole:** The use of trekking poles can alleviate the burden on lower body muscles and protect the ankles, especially when going downhill.

Prevention and Treatment of Acute Mountain Sickness (AMS)

The most important principle is to go slowly so that the body can adapt to the change of altitude. Because the oxygen level in human arteries decrease during sleep, the place for sleeping should be lower than where the people stay during the day. The symptoms may get quite worse quickly, therefore, early awareness, and early treatments are the key elements for successful dealing. The main principles are

- Descending to a lower altitude
- Oxygen or hyperbaric treatment
- Rest
- Medication

Common Symptoms of AMS



Drowsiness



Vomiting



Headache

Notice to Visitors

- Please obtain a mountain and park-entry permit before hiking Mt. Jade trails. Both permits will be checked at Paiyun Mountaineering Service Center.
- These trails are rated as moderate/difficult. Visitors have to be trained for physical fitness and be well equipped. Please do not take risks.
- Watch for falling rocks along the trails, especially at the windy scree slope near Fengkou (wind gap) and the Great Precipice. The wind is blustery from Fengkou to the main peak, please take every precaution against gusts.
- Snow often accumulated near Mt. Jade Main Peak in winter. Please do not climb the mountain without suitable equipment.
- Please bring enough drinking water with you because this area is often short of water during fall and winter.
- The wooden bridges are often frosty and slippery during fall and winter. Please be careful while passing.
- Camping is not allowed at the White-Wood Forest observation deck or any place that is not designated for camping.
- Please do not bring your pets to prevent spreading infectious diseases to wildlife. Hunting is prohibited.
- Stay at a safe distance when you encounter an animal. To keep wildlife wild, please do not disturb or feed them.
- Stay on trails. Stepping off the trails could be dangerous and it may also cause damage on the vegetation.
- Do not wear perfume to avoid attracting wild animals.

❖ **Violation of the National Park Law will result in a fine of up to NT\$3,000.**



Paiyun Mountaineering Service Center



Yushan National Park Headquarters
No.515, Sec. 1, Jhongshan Rd., Shueili Township, Nantou County 553, Taiwan (R.O.C.)
(049)2773121 www.ysnp.gov.tw

Paiyun Mountaineering Service Center
No.151, Taiping Ln., Xinyi Township, Nantou County 556, Taiwan (R.O.C.)
(049)2702228-9

Tataka Visitor Center
No.118, Taiping Ln., Xinyi Township, Nantou County 556, Taiwan (R.O.C.)
(049)2702200-2

Tataka Recreation Area

Tataka Squad, Yushan Brigade
Datieshan (Great Taiwan Hemlock)



Mt. Jade Trailhead at Tataka Saddle ①

Tataka Saddle sits between Alishan range and Yushan range, and is named according to its shape. It served as a watershed of Shalixian River and Nanzixian River. A stone monument inscribed "Mt. Jade Trailhead" stands in front of the trail entrance. Entering the trail, you are in an ecological conservation area. Only those who have a mountain and park-entry permit are allowed to enter this area.



Monroe Pavilion ②

Monroe Pavilion is 1.7 km away from the Mt. Jade trailhead and at an altitude of 2,838 m. It is the border of temperate and frigid zone forests. The pavilion is built to memorize J. E. Monroe, a tax consultant with the U.S. Mutual Security Mission to China, fell to his death while passing by here in 1952.



Ecotoilet ③

The ecotoilet separate feces from urine. Then feces is mixed with peat thoroughly and eventually becomes organic matter. Ecotoilets are built near Monroe Pavilion and White-Wood Forest observation deck.



Mt. Jade Front Peak 3239

Mt. Jade West Peak 3518

Great Precipice

Mt. Jade North Peak 3858

Mt. Jade Main Peak ⑦

Mt. Jade East Peak ⑧

Mt. Jade Hiking Route

Xiaonan Mountain 3582

Mt. Jade South Peak 3844

Sancha Peak

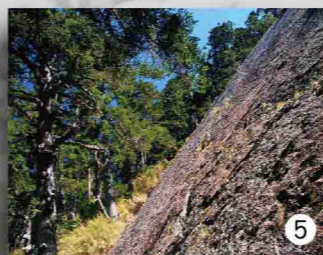
East Xiaonan Mountain 3744

Lu Mountain 2981



White-Woods Pavilion ④

White-Wood Forest is about 5 km away from the Mt. Jade trailhead and at an altitude of 3,096 m. The white-woods are dead woods caused by a forest fire. There is an observation deck for visitors to rest and enjoy the scene.



Grand Precipice ⑤

Great Precipice is 6.7 km from the trailhead. Its rock strata are made up of layers of slates and metasand-stones. The presences of ripple marks and fossils of marine organisms provide the evidences that Great Precipice was raised from the sea.



Paiyun Lodge ⑥

Paiyun Lodge can accommodate 116 visitors and is the main accommodation on the way to Mt. Jade Main Peak. The Lodge provides food service and sleeping-bag rental. Water resource is limited, please use water sparingly.



Mt. Jade Main Peak ⑦

Mt. Jade Main Peak is the highest mountain in Taiwan. Here, one can admire the view of surrounding mountains. The wind gap (Fengkou) near Main Peak is a slippery scree slope with blusterous wind. It may covered by deep snow in the winter, please be cautious.



Mt. Jade East Peak ⑧

Mt. Jade East Peak is ranked as the number one among "ten toughest mountains" in Taiwan. It looks like a fort with cliffs in three sides and a concave in the center. Watch for falling rocks when climbing.



Mt. Jade North Peak ⑨

Mt. Jade North Peak is home to Yushan Weather Station of the Central Weather Bureau. The trail to North Peak is on a gentle slope. It is an ideal place to appreciate the endemic plants such as Yushan pearly everlasting and azalea.

MAP LEGEND

Highway	Information
Forest Road	Toilet
Trail	Cabin
Caution	Lodge
Viewpoint	Campground
Mountain	Water
Automated External Defibrillator	Helicopter landing zone



Telephone numbers

Rest information

Tataka Visitor Center :	(049)2702200-2
Paiyun Mountaineering Service Center :	(049)2702228-9
Alishan National Scenic Area Administration :	(05)2593900
Alishan Visitor Center :	(05)2679917

Dining and accommodation

Tataka Restaurant :	(049)2702218
Dongpu Youth Activity Center :	(049)2701515
Dongpu Lodge at Shangdongpu :	(049)2702213
Alishan Youth Activity Center :	(05)2679561

Emergency

Tataka Squad :	(049)2702203
Xinyi Fire Department :	(049)2791214
Heshe Police Station :	(049)2701304
Yushan Brigade :	(049)2702570
Alishan Fire Department :	(05)2679900
Alishan Police Station :	(05)2679975

Hospital and Clinic

St. Martin De Porres Hospital, Shizhuo Branch :	(05)2562436
Chu Shang Show Chwan Hospital :	(049)2624266
Qinmin Clinic at Heshe :	(049)2702308
Jilong Clinic at Heshe :	(049)2702702
Taichung Veterans General Hospital :	(04)23592525
Chiayi Veterans General Hospital :	(05)2357750

Traffic information

Xinyi Branch (Shueili-Zizhong) :	(049)2791510
New Central Cross-Island Station :	(049)2702033
Alishan Branch :	(05)2592426

Gas station

Provincial Highway 18: Shizhuo gas station (65K) :	(05)2561944
Alishan gas station (87.7k) :	(05)2679944
Provincial Highway 21: Xinyi gas station (87.5K) :	(049)2791837
New Central Cross-Island gas station (97.5K) :	(049)2831616